

EAP, Adolescent Medicine Working Group Prague 11 May, 2012

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AGENDA - EAP, Adolescent Medicine Working Group Prague, May 2012

1. Attendance and welcome
2. Discuss and agree on tasks for the UEMS Section of Paediatrics / EAP working group on adolescents medicine follow up on discussion in Brussels December 2011
--- [Brussels 2004](#)
Compare: [The Advocacy Group \(Brussels 2011\)](#)
3. Adolescent Health / Medicine in the current draft of the Common trunk curriculum
Note all relevant sections (adolescent medicine, mental health, endocrinology...)
4. Adolescent Medicine as a separate training curriculum? (time permitting)
follow up on earlier discussions

What was and is the aim of the AMWG? Elke Jäger-Roman, Brussels, 9 Dec 2011

**Promotion of Adolescent Health and Medicine
in our national countries**

**All primary - and tertiary care paediatricians
- especially those working in ambulatory settings -
should be interested in and deal adequately with young
people.**

**None of us members of the AMWG had been trained to be a
subspecialist in AM !**

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Common trunk: **Endocrinology**

March 2012 draft

Knowledge and understanding

- Know of normal growth patterns and disorders of growth
- Understand constitutional delay in growth and puberty
- Understand the epidemiology, diagnosis and management of diabetes mellitus
- Understand the causes and management of precocious puberty, delayed puberty and ambiguous genitalia
- Understand the anatomy, physiology and pathophysiology of the thyroid, parathyroid and adrenal glands
- Understand calcium metabolism
- Understand the investigation of hypoglycaemia

Skills/competencies

- Measuring height accurately at different ages, assessment of height velocity
- Assessing pubertal status (Tanner staging)
- Using centile and growth velocity charts

Common trunk: **Psychiatry**

March 2012 draft

Knowledge and understanding

- Understand the physical and emotional factors affecting mental health
- Detailed understanding of:
 - Depression and suicide / parasuicide
 - Psychoses
 - Psychosomatic problems
 - Family function and dysfunction
 - Anxiety disorders
 - Conduct disorders
 - Eating disorders
 - Functional abdominal pain
 - Deliberate self harm

Skills / competencies

- Mental health history

Common trunk: **Psychiatry** – skills/competences for Paediatricians?:

Mental Health – Assessment tools

- [BDI](#)
- BAI
- SDQ

Mental Health – Assessment tools

- **BDI** – [Beck's Depression Inventory](#)
- **BAI** – Beck's Anxiety Inventory
- **SDQ** – [Strengths and Difficulties Questionnaire](#)

EAP, Adolescent Medicine Working Group - back to the AGENDA:

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Adolescent Medicine as a separate training curriculum?

Alternatives:

- Sub-speciality-training for paediatricians?
- Speciality in its own right?
- Joint competence training for several specialities?
-

Examples:

- [OBJECTIVES OF TRAINING IN ADOLESCENT MEDICINE](#)
The Royal College of Physicians and Surgeons of Canada
- [Adolescent Health Curriculum , USC](#)

Note Recent publications:

- [Adolescent Health –series, The Lancet April 2012](#)
- [Health of world's adolescents, Patton et al., The Lancet](#)
- [Progress for children: A report card on adolescents. Unicef, Number 10, April 2012](#)

Announcements and any other business

EAPS Congress in Istanbul (Oct 6-9, 2012):

- State-of-the-Art (Sat Oct 6, 11:30-13):
Adolescent Health by Susan Sawyer and others
- Dedicated Session (Sun Oct 7, 10:30-12):
EAP: Adolescent Health by Helena Fonseca and others